

DELHI INSTITUTE OF ADVANCED STUDIES Plot No. 6, Sector-25, Rohini, Delhi-110085 (NAAC Accredited 'A' Grade Institute) (Approved by AICTE and Affiliated with GGSIP University, Delhi) (An ISO 9001:2015 Certified Institution)

HEALTH PROGRAMME-I (OBESITY MANAGEMENT BY SEHGAL NEO HOSPITAL)

DIAS organized a Guest lecture on "Obesity & Medical Emergency Management" on 24th August 2017. The session was conducted By Dr. Narin Sehgal, Chairman & Medical Director, Dr. Mridu Jain Sehgal, HOD, Pediatrics Deptt. and Dr. Rahul Nagar, HOD, Emergency & Critical Care Deptt., Sehgal Neo Hospital.

The Objective of the session was to make aware the Faculty & students about Obesity & Medical Emergency Management.

The doctors of Sehgal Neo Hospital provided demo of what needs to be done firstly in case of choking, heart attack & asthma. They also talked about reasons for increase in cases of obesity and the methods to prevent obesity among children and adults. They emphasized the importance of exercise in dealing with stress and obesity. It was really a very beneficial session with a lot of practical learning about emergency management.





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